

SportsPlex Newsletter



Activities Newsletter - Spring & Summer 2017

www.cvsportsplex.org

* Waterloo Rotary Club Summer Tee Ball - 4 Years-Kindergarten

Boys and girls will receive basic instruction in the sport of baseball and learn to enjoy the game through both practice and game situations. Participants will be divided into coed teams and receive a team T-shirt and cap.

Fee: \$32 (includes shirt & cap)

Member Fee: \$29

Site: Riverfront Sports Park

Summer Session

Registration Deadline: 7/6/16

Dates: July 24/25 - August 16/17

Days/Times: Mon/Wed 5:30 Program #: 41030

Mon/Wed 6:45 Program #: 41035

Tue/Thu 5:30 Program #: 41040

Tue/Thu 6:45 Program #: 41045



Kiwanis/Katoski Youth Golf Tournament - Ages 3-9

Date: Tuesday, June 20, 2017 @ Gates Golf Course

Times: Tee Times begin at 8:00am. Participants will be contacted with tee time on June 19th.

Rate: \$7

Registration Deadline: 6/16/17

Divisions: Separate Division for Boys & Girls (Age as of June 1st)

Ages 3-5 Play 3 Holes: Prog. # 44025 Ages 6-7 Play 5 Holes: Prog. # 44030

Ages 8-9 Play 7 Holes: Prog. # 44035

Info: There will be awards for each age division.

* Waterloo Rotary Club Summer A Ball - 1st Grades

Participants receive instruction in baseball/softball fundamentals and participate in team practices and recreational games. Players will be divided into coed teams. Team practices will be held at the registered time, while games may be played at 5:30 or 6:45 P.M. on registered days.

Fee: \$32 (includes shirt & cap)

Member Fee: \$29 per session

Site: Riverfront Sports Park

Spring Session

Registration Deadline: 5/24/17

Dates: June 5/6- July 10/11

Days/Times: Mon/Wed 5:30 Program #: 52020

Mon/Wed 6:45 Program #: 52025

Tue/Thu 5:30 Program #: 52030

Tue/Thu 6:45 Program #: 52035

Summer Session

Registration Deadline: 7/12/17

Dates: July 17/18 - August 16/17

Days/Times: Mon/Wed 5:30 Program #: 53020

Mon/Wed 6:45 Program #: 53025

Tue/Thu 5:30 Program #: 53030

Tue/Thu 6:45 Program #: 53035

Golf Academies - Ages 8-14

The program is designed strictly for BEGINNING golfers. Golfers will be taught the basic fundamentals to get them started and achieve success. The class will focus on the proper mechanics of the golf grip, golf swing, putting and chipping. The last day the session will include a meal. Successful completion of this program includes a Waterloo Junior Morning Golf Pass for the 2016 season (\$10 value)

Rate: \$25

Registration Deadline: Wednesday before the start date

Irv Warren Academy - May 2-4

8-10 year olds 4:30 Program #: 43070

11-14 year olds 5:30 Program #: 43075

South Hills Academy - May 9-11

8-10 year olds 4:30 Program #: 43080

11-14 year olds 5:30 Program #: 43085

Gates Golf Academy - May 16-18

8-10 year olds 4:30 Program #: 43090

11-14 year olds 5:30 Program #: 43095



Elks Junior Golf Classic - Ages 10-17

Date: Tuesday, July 18, 2017 @ South Hills Golf Course

Times: Tee Times begin at 8:00am. Participants will be contacted with tee time on Monday, July 17th

Rate: \$10

Registration Deadline: 7/14/17

Divisions: Separate Division for Boys & Girls (Age as of June 1st)

10-11 Play 9 Holes: Prog. #: 44040 12-17 Play 18 Holes: Prog #: 44045

Info: Each golfer receives a lunch. There will be awards for each age division.

* Cheerleading Camp - 1st-6th Graders

1st-3rd Graders: An introduction to cheerleading that's fun. - 10:00-11:00 a.m.

4th-6th Graders: Learn cheers, chants, jumps, and dance routines -11:00-Noon

Registration Begins: 5/17/17

Registration Deadline: 6/7/17

Rate: \$20

Member Rate: \$18

Dates: June 12 - June 14

Site: Cedar Valley SportsPlex

Program #: 22050

* Summer Soccer - Preschool-4th Grade

Boys and girls will receive 4 weeks of instruction in soccer fundamentals and participate in team practices and recreational games. All teams will be coed. The program will begin on July 17th at the Cedar Valley SportsPlex. Team practices and games will be held between 5:30 and 8:30 every Monday and Wednesday. Shin guards are highly recommended. Space is limited so register early. Fee includes team T-shirt.

Registration Begins: 6/14/17

Registration Deadline: 7/12/17

Rate: \$35

Member Rate: \$31.50

Site: Cedar Valley SportsPlex

Program Dates: July 17 - August 9

Pre/K-1st Prog. #: 11050

2nd-4th Prog #: 11055

* Sports Sampler - Ages 6-10

Boys and girls will be introduced to 8 different sports over a 4 day period from 9:00a.m.-11:30a.m. Basic instruction and participation in: baseball, volleyball, swimming, track, soccer, tennis, basketball and football will be offered. Participants will meet at the Cedar Valley SportsPlex Monday through Thursday. Please bring a swimsuit every day.

Registration Begins: 6/21/17

Registration Deadline: 7/19/17

Rate: \$40

Member Rate: \$36

Date: July 24-27

Site: Cedar Valley SportsPlex

Program #: 21015

Cedar Valley SportsPlex Activities...

Pool Rates/Passes+tax

Daily Admission	\$4.00
Daily 3 & Under	\$1.00
Season Family	\$99.00
Individual Season	\$44.00
10 Punch Pass	\$30.00
Senior Pass	\$10.00



Pool Opening Schedule

Byrnes will open June 4th & 5th 1:00-4:30 and 5:30-7:30. June 6th-9th 6:30-8:30 PM. Byrnes will open for the season 1:00pm-4:00pm and 6:30-8:30 PM on June 10, 2016. Gates Pool will open for the weekend of June 4th and 5th and open for the season 1:00-5:00 PM on June 10, 2016.

Byrnes Pool - 291-4453 - Fletcher Ave. & Campbell Ave.

Weekdays: 1:00-4:30 pm & 6:30-8:30 pm

Weekends: 1:00-4:30 pm & 5:30-7:30 pm

Gates Pool - 291-4458 - E. Donald & Mildred St.

Daily: 1:00-5:00 pm

Season Passes must be purchased at Cedar Valley SportsPlex.

Pool Rental

Gates Pool may be rented from 5:30-7:30 pm for a special event or party. Rental fee includes exclusive use of the pool and water slide, with lifeguards on duty.

Pool Rental Rates: 100 Swimmers or Less- \$175

101 or more Swimmers- \$200

Larger groups may call our office to inquire about a fee.



The Waterloo Junior Golf Association, founded over 25 years ago, provides a summer program of Junior Golf clinics and tournaments for area youth. This summer's program includes two free golf clinics, ten WJGA Mini-Tour tournaments, and the Waterloo Junior

Championship tournament. Junior members must be between 12 and 18 years of age, and must be able to play 18 holes of golf, keep an accurate score, and carry or push/pull their own golf clubs. The annual membership fee is \$50, and membership includes the Waterloo Leisure Services Junior Morning Pass.

The 2017 WJGA Schedule of Events

June 1	Free Junior Golf Clinic	Pheasant Ridge
June 6	Free Junior Golf Clinic	Irv Warren
June 12	WJGA Mini-Tour Tournament	Sunnyside
June 14	WJGA Mini-Tour Tournament	Irv Warren
June 19	WJGA Mini-Tour Tournament	South Hills
June 21	WJGA Mini-Tour Tournament	Gates Park
June 26	WJGA Mini-Tour Tournament	Prairie Links
June 28	WJGA Mini-Tour Tournament	Pheasant Ridge
July 6	WJGA Mini-Tour Tournament	Waverly
July 10	WJGA Mini-Tour Tournament	Beaver Hills
July 12	WJGA Mini-Tour Tournament	Fox Ridge
July 17	WJGA Mini-Tour Tournament	Red Carpet Golf
July 26	Waterloo Junior Championship	Irv Warren
July 30	WJGA Celebration Event	TBD

Membership application forms are available at all participating golf courses and can be downloaded from the WJGA website at www.wjga.org.

You can contact the WJGA via email at wjgagolf@gmail.com.

Babysitting 101

In four weeks of interesting and engaging learning, your child will become a sought-after babysitter, implementing a plan to find babysitting jobs and care for kids of all ages with equal measures of skill and fun. Children will learn common problems babysitters face and the solutions, how to engage kids of all ages, become First Aid certified and more. The class will meet on Thursdays 5:30-7:30 PM for four weeks beginning June 8th.

Registration Begins: 5/3/17

Registration Deadline: 6/7/17

Site: Cedar Valley SportsPlex Multipurpose Room

Rate: \$75

Program Dates: 6/8/17-6/29/17

Program #: 71000

*Tumbling - Ages 3-7

Join the Cedar Valley SportsPlex tumbling class! We teach beginner tumbling moves to kids while helping them develop body awareness, flexibility and strength. This beginning class is designed for children who have little to no experience with tumbling. It is a safe and enjoyable way for children ages 3 to 7 begin tumbling. Program will meet on Mondays and Wednesday 5:30-6:30 PM for four weeks beginning July 24th.

Registration Begins: 6/7/17

Registration Deadline: 7/19/2017

Site: Cedar Valley SportsPlex

Rate: \$40

Member Rate: \$36

Program Dates: 7/24/17-8/16/17

Program #: 81000

Rentals

This is the place for parties! Make your celebrations even more memorable. Rent the splashtastic leisure pool and adjoining party rooms (complete with tables and chairs, the kid-friendly indoor playground, multipurpose room, the ready-for action gymnasium, or the field turf.

Key Card Holders

Waterloo Key Card holders may register for any program with an asterisk (*) for half price. Registrants must present their Key Card at time of registration to be eligible for this fee reduction. Key Cards are issued exclusively through Operation Threshold. To inquire about

For More Information...

To get more information on any of our activities or departments please check out our website. You can find any information that you may need from schedules, registration forms, league standings and much more. Log on to: www.cvsportsplex.org.

Registrations

You can now register online! Please visit the website to register your child today for our community recreation programs. It's quick and easy!

Cedar Valley SportsPlex Activities...

Classes are offered in two week sessions and will meet as follows: Week 1 classes will be held Monday through Friday, Week 2 classes will be held Monday through Thursday with Friday being used as a rain-date if needed. On Saturday of the final week of the program, all participants are welcome to enjoy Fun Day, from 10:00-11:30, where parents/child can enjoy an open swim session. All class meetings are 40 minutes **Registration Deadline for Session 1 is June 14th. Registration deadline will be the Wednesday before the start date of each session.**

- * **Infant - 1 Week - \$25 (CVSP Member \$22.50)** - Infant classes are for children 6 months to 2 years old. Parents must be prepared to accompany the child in the water. Infant classes are designed to orientate the child to the water, develop basic swimming skills, and to help parents learn how to work with their child in the water.
- * **Toddler - 1 Week - \$25 (CVSP Member \$22.50)** - Classes are designed for children 2 to 4 years old. Parents must be prepared to accompany their children in the water. Toddler classes are designed to orientate the child to the water, develop basic swimming skills, and to help parents learn how to work with their child.
- * **Preschool - 2 Weeks - \$35 (CVSP Member \$31.50)** - Classes are designed for children 3 to 5 years old. Preschool classes are designed to orientate the child to the water, develop basic swimming skills, and to become more confident and independent in the water. Children will be introduced to deeper water. Parents may be asked to enter the water.
- * **Swabbies (age requirement: 5 years) - 2 Weeks - \$37 (CVSP Member \$33)** - This class is focused on water orientation and helping students enjoy the aquatic environment. There will be an introduction to kicking on front and back. This level is for those who have passed Preschool.
- * **Deck Hands - 2 Weeks - \$37 (CVSP Member \$33)** - This class is focused on helping students become more independent in the aquatic environment. There will be an introduction to freestyle and back stroke. This level is for those who have passed Swabbies and are able to do all skills taught in Swabbies.
- * **1st Mates - 2 Weeks - \$37 (CVSP Member \$33)** - Students will be introduced to more advanced freestyle skills, as well as an introduction to elementary back-stroke. Students will be introduced to deep water. This level is for those who have passed Deck Hands and are able to do all skills in Deck Hands.
- * **Skippers - 2 Weeks - \$37 (CVSP Member \$33)** - Students will work on refining skills for freestyle and backstroke. Students will be introduced to breaststroke, sidestroke and diving boards. This level is for those who have passed 1st Mates and are able to do all skills taught in 1st Mates.
- * **Captains - 2 Weeks - \$37 (CVSP Member \$33)** - Students will work on refining skills for elementary backstroke, sidestroke and breaststroke. There will be an introduction to flip turns and diving. This level is for those who have passed Skippers and are able to do all skills taught in Skippers
- * **Admirals - 2 Weeks- \$37 (CVSP Member \$33)** - Students will focus on refining all swimming skills. There will be an introduction to basic swimming conditioning and developing endurance. Students will also be introduced to a variety of watergames. This level is for those who have passed Captains and are able to do all skills taught in Captains.

<p style="text-align: center;">BYRNES POOL SESSION 1 JUNE 19 - JUNE 30</p> <p style="text-align: center;"><u>10:00 A.M.</u> Preschool Swabbies Deck Hands Skippers</p> <p style="text-align: center;"><u>10:50 A.M.</u> Infant 6/19-6/23 Toddler 6/26-6/30 1st Mates Captains Admirals</p> <p style="text-align: center;"><u>11:40 A.M.</u> Preschool Swabbies Deck Hands 1st Mates</p> <p style="text-align: center;"><u>4:35 P.M.</u> Preschool Swabbies Deck Hands 1st Mates Captains</p> <p style="text-align: center;"><u>5:25 P.M.</u> Infant 6/19-6/23 Toddler 6/26-6/30 Preschool Swabbies Deck Hands Skippers</p>	<p style="text-align: center;">BYRNES POOL SESSION 2 JULY 10 - JULY 21</p> <p style="text-align: center;"><u>10:00 A.M.</u> Swabbies Deck Hands 1st Mates Captains Skippers</p> <p style="text-align: center;"><u>10:50 A.M.</u> Preschool Swabbies 1st Mates Captains</p> <p style="text-align: center;"><u>11:40 A.M.</u> Swabbies Preschool Deck Hands Skippers</p> <p style="text-align: center;"><u>4:35 P.M.</u> Preschool Swabbies Deck Hands Skippers 1st Mates</p> <p style="text-align: center;"><u>5:25 P.M.</u> Preschool Swabbies Deck Hands 1st Mates Captains</p>	<p style="text-align: center;">BYRNES POOL SESSION 3 JULY 24- AUGUST 4</p> <p style="text-align: center;"><u>10:00 A.M.</u> Preschool Swabbies Deck Hands Skippers</p> <p style="text-align: center;"><u>10:50 A.M.</u> Infant 7/24-7/28 Toddler 7/31-8/4 1st Mates Captains Admirals</p> <p style="text-align: center;"><u>11:40 A.M.</u> Preschool Swabbies Deck Hands 1st Mates</p> <p style="text-align: center;"><u>4:35 P.M.</u> Preschool Swabbies Deck Hands 1st Mates Captains</p> <p style="text-align: center;"><u>5:25 P.M.</u> Infant 7/24-7/28 Toddler 7/31-8/4 Preschool Swabbies Deck Hands Skippers</p>	<p style="text-align: center;">BYRNES POOL SESSION 4 AUGUST 7 - AUGUST 18</p> <p style="text-align: center;"><u>10:00 A.M.</u> Preschool Swabbies Deck Hands Skippers</p> <p style="text-align: center;"><u>10:50 A.M.</u> Infant 8/7-8/11 Toddler 8/14-8/18 1st Mates Captains Admirals</p> <p style="text-align: center;"><u>11:40 A.M.</u> Preschool Swabbies Deck Hands 1st Mates</p> <p style="text-align: center;"><u>4:35 P.M.</u> Preschool Swabbies Deck Hands 1st Mates Captains</p> <p style="text-align: center;"><u>5:25 P.M.</u> Infant 8/7-8/11 Toddler 8/14-8/18 Preschool Swabbies Deck Hands Skippers</p>	<p style="text-align: center;">GATES POOL SESSION 1 JUNE 19 - JUNE 30</p> <p style="text-align: center;"><u>5:15 P.M.</u> Infant 6/19-6/23 Toddler 6/26-6/30 Preschool Swabbies Deck Hands</p> <p style="text-align: center;">SESSION 2 JULY 24 - AUGUST 4</p> <p style="text-align: center;"><u>5:15 P.M.</u> Infant 7/24-7/28 Toddler 7/31-8/4 Preschool Swabbies</p>
<p style="text-align: center;">CVSP POOL 10:30 or 11:30 SESSION 1 <u>JUNE 19 - JUNE 30</u> Preschool Deck Hands Swabbies</p> <p style="text-align: center;">SESSION 2 <u>JULY 24 - AUGUST 4</u> Infant 7/24-7/28 Toddler 7/31-8/4 Swabbies Deck Hands</p>				

Cedar Valley SportsPlex Activities...

Parent's/Guardian's Name _____ Email _____

Address _____ City _____ Zip _____

Phone: Home _____ Cell _____ Work _____

CVSP is committed to inclusion. Does your child require any modifications to help him/her be successful? _____

Participant's Name (Last, First)	M/F	Birth Date	Current Grade	Program #	Program Name	Fee
		/ /				
		/ /				

TOTAL \$ _____

Method of Payment <input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Discover	*FOR OFFICE USE ONLY Amount: _____ Date Received: _____ Staff Initials: _____
Card Number _____ Exp. Date (Month/Year) _____	

Important Information

The City of Waterloo, Waterloo Leisure Services and the Cedar Valley SportsPlex are committed to conducting its recreation programs and activities in the safest manner possible and holds the safety of the participants in the highest possible regard. Participants and parents/guardians registering their child/ward in recreation programs must recognize however, that there is an inherent risk of injury when choosing to participate in recreation activities. The Waterloo Leisure Services & Cedar Valley SportsPlex continually strive to reduce risks and insists that all participants follow safety rules and instructions that are designed to protect participants' safety.

Warning of Risk: Recreation activities are intended to challenge and engage the physical mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreation activities/programs exist. In this regard, it must be recognized that it is impossible for Waterloo Leisure Services and the Cedar Valley SportsPlex to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK: Please read this form carefully and be aware that in signing up and participating in the identified program(s), you will be expressly assuming the risk and legal liability, waiving and releasing any and all claims for injuries, damages or loss which you or your minor child/ward might sustain arising out of or as a result of the activities of this program (including transportation services/vehicle operation, when provided). As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I voluntarily agree to assume the full risk of any injuries, including death, damages or loss regardless of severity which my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims my minor child/ward or I may have (or accrue to me or my child/ward) as a result of participating in the program against Waterloo Leisure Services and Cedar Valley SportsPlex, including officers, officials, agents, volunteers, independent contractors, instructors, servants and employees.

I further agree to indemnify and hold harmless and defend Waterloo Leisure Services and Cedar Valley SportsPlex staff to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my minor child's/ward's immediate care and I agree that I will be responsible for payment of any and all medical services rendered.

PHOTO POLICY: The Waterloo Leisure Services and Cedar Valley SportsPlex may video tape or take photographs of participants enrolled in Waterloo Leisure Services and Cedar Valley SportsPlex activities, classes, or programs or may take photographs. These photographs and/or video tapes are for use in future program magazines, brochures, promotional literature, websites, or for use on cable television.

REFUND POLICY: Refunds are issued in full if a class is full or cancelled by the Sports Department. Refunds for personal reasons must be submitted in writing. Approved refunds prior to the start date will be assessed a \$5 administration fee. Refunds may not be issued after team assignments have been made for select programs. Refunds approved after the first meeting will be charged a \$10 administrative fee. The Waterloo Leisure Services Department reserves the right to deny a request for a refund. If your request has been denied, you will be contacted by a staff member from the Leisure Services Department. All refunds will be mailed within three weeks.

If registering online, via phone or email, my facsimile signature shall substitute for and have the same legal effect as an original form signature. I have read and fully understand the above important information, warning of risk, waiver and release of all claims and assumption of risk, permission to secure treatment and photo/video authorization.

X _____
 Signature of Parent, Guardian or Participant (Under 18) _____ Date _____

X _____
 Print Name of Parent, Guardian or Participant (Under 18) _____ Date _____

Volunteer Opportunity

The City of Waterloo and the Cedar Valley Sportsplex offers a wide variety of youth sports activities. With the number of participants in each sport rising, it becomes difficult to find coaches for each team. In order to do so, it is often necessary to recruit parents of participants or other individuals in the community to coach. Our goal is to have volunteers who have significant experience in playing or coaching a particular sport, but that is not always possible with limited numbers. Volunteers are an instrumental factor in helping our programs and teams run efficiently. If you can help out or know of someone suitable please call Alex Hildman at 319-291-0165 or email at alex.hildman@waterloo-ia.org.

Some of the benefits to the City of Waterloo and the Cedar Valley Sportsplex utilizing volunteer coaches are:

- Saving on staff costs and keep program costs from rising
- Each team benefits in having at least one coach
- More coaches per team allow each player to receive more individual attention and skill development
- More coaches per team helps control and monitor the behavior of the individual players

Name _____ Email _____

Phone: Home _____ Cell _____